

Red Yoga

Many clients wish to have one on one lessons. I currently give 10 to 12 private lessons a week around my group lesson's so please get in touch to discuss a time that would suit you.

If you would like to book a private lesson you have two options:

Call Donna directly on **07759 088 686**

Email Donna: [**red.yoga@yahoo.com**](mailto:red.yoga@yahoo.com)

Below is an idea of when I am currently available for a private lesson:

Tunbridge Wells Studio	
Monday	11:00 until 12:00 and 14:30 until 17:00
Tuesday	14:30 until 16:30 and 17:30 until 19:30
Wednesday	15:00 until 19:00
Thursday	14:00 until 20:00
Friday	11:00 until 19:00